



## POOL RULES AND POLICIES

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Welcome to the Zeeland Recreation pools! All rules are in place in order to ensure all patrons have a safe, enjoyable time when they visit our beautiful facilities. If you have any questions or concerns regarding policies and rules, please contact the Zeeland Recreation Aquatics Coordinator, Kris Ferry, at 616.748.3229 or [kferry@zps.org](mailto:kferry@zps.org)

### ZEELAND RECREATION POOL RULES

1. Showers are required before entering the pool
2. Please remove all street shoes before entering the pool area
3. Swim diapers or tight-fitting rubber pants are required for children who are not toilet trained
4. No food is allowed in the locker rooms or pool area
5. All children under 42" tall or under must be accompanied in the water within an arm's reach by a responsible person at least 16 years of age
6. All children 11-years-old and under must be accompanied in the pool area by a responsible person at least 16 years of age
7. All children 12-years-old and up can be at open swim without a parent/guardian
8. In order to swim in the deep end, non-swimmers must wear a Coast Guard approved lifejacket and be accompanied in the water within an arm's reach by a responsible person at least 16 years of age
9. Clean proper swim attire is required in the pool
10. Running, horseplay, splashing, dunking, spitting or pushing is not allowed
11. When a whistle is blown, stop and listen for instructions from a lifeguard
12. Zeeland Recreation reserves the right to deny swimming privileges to anyone who continually breaks pool rules or misbehaves

### SWIM TESTING

For the safety of our patrons, swimmers under the age of 15 who wish to swim in the deep end of the pool must pass a Zeeland Recreation swim test.

1. Swim one width across the shallow end of the pool. If successful, move to the deep end of east pool or west pool (dependent on space)
2. Jump into deep water, going completely under
3. Recover to the surface and remain there for at least one minute (floating or treading)
4. Swim comfortably 25 yards, on either front or back
5. Exit from the pool

Swimmers who pass the swim test are considered deep water competent and may access all parts of the pool. Deep water competent swimmers will be given a wristband for identification.

## **1-METER AND 3-METER DIVING BOARD RULES**

1. One person is allowed on the diving board at a time
2. One bounce is allowed on the diving board
3. Walk to the end of the diving board before jumping or diving straight off the end of the board
4. Flipping, twisting, backward and inward entries are not allowed
5. Swim goggles and floatation devices (life jackets, puddle jumpers, inner tubes, etc.) may not be worn when jumping or diving off the board

## **YOUTH SLIDE RULES**

1. The slide is intended for children under 48" tall
2. Users must be comfortable going under the water
3. One person is allowed on the slide at a time
4. Only feet-first entries are allowed

## **DISCIPLINE GUIDELINES**

Offenses such as excessive running, horseplay, profane language, pushing, fighting, backtalk, etc. are subject to disciplinary action. Violations will be subject to the following guidelines:

1. 1st offense- verbal warning
2. 2nd offense- 5-minute "time out" from swimming; patron will be required to sit beside the lifeguard; the name of the patron and a detailed account of the incident should be noted on the daily pool log
3. 3rd offense- expulsion from the pool for the remainder of the day; notify pool coordinator immediately with the name of the patron and a detailed account of the incident
4. 4th offense- one-week suspension from the pool area
5. 5th offense- suspension of pool indefinitely

Serious incidents may skip steps in the discipline guidelines. If applicable, the child's parents or guardians will be notified for third offense or higher disciplinary actions.