

Elementary Lunch Menu

November 2026

All Michigan School Meals are FREE.

Milk Only is \$0.75

Adult Lunch \$5.50

PRINT

A qualifying student lunch includes a choice of entrée supplying protein and grain, fruit or vegetable sides and a choice of milk.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Cheesy Sloppy Joe Scoops or Apple Dunker Box (Whole Grain Pumpkin Bread, Wowbutter, String Cheese & Apple Slices)	Whole Grain Mini Cheese Quesadillas w/ Salsa Cup or Apple Dunker Box (Whole Grain Pumpkin Bread, Wowbutter, String Cheese & Apple Slices)	Whole Grain Corn Dog or Apple Dunker Box (Whole Grain Pumpkin Bread, Wowbutter, String Cheese & Apple Slices)	HALF DAY – NO LUNCH	No School
Cheesy Scalloped Potatoes Cucumber Slices Local MI Apple Fresh Watermelon Cubes	Seasoned Black Beans Local MI Romaine Lettuce Fresh Strawberries Mixed Fruit	Steamed Corn Fresh Grape Tomatoes Fresh Cantaloupe Cubes Local MI 100% Fruit Juice		
9	10	11		
Whole Grain Breaded Chicken Sandwich or Grilled Chicken Caesar Salad w/ Local MI Romaine Lettuce & Whole Grain Dinner Roll	Beef & Cheese Nachos or Grilled Chicken Caesar Salad w/ Local MI Romaine Lettuce & Whole Grain Dinner Roll	Whole Grain Sweet & Sour Chicken Dumplings or Grilled Chicken Caesar Salad w/ Local MI Romaine Lettuce & Whole Grain Dinner Roll	Whole Grain Apple Cinnamon French Toast w/ Breakfast Sausage or Grilled Chicken Caesar Salad w/ Local MI Romaine Lettuce & Whole Grain Dinner Roll	Cheeseburger or Grilled Chicken Caesar Salad w/ Local MI Romaine Lettuce & Whole Grain Dinner Roll
Local MI Baked Beans Broccoli Florets Fresh Oranges Frozen Strawberry Cup	Steamed Broccoli Florets Baby Carrots Caramel Apple Fruit Cup Mixed Fruit Mallow	Steamed Local MI Vegetable Blend (Green Beans, Peas & Carrots) Celery Sticks Fresh Watermelon Cubes Local MI 100% Fruit Juice	Sweet Potato Fries Cauliflower Florets Local MI Apple Freshly Quartered Kiwi	Curly Fries Cucumber Slices Red Seedless Grapes Mandarin Orange Cup
16	17	18	Thanksgiving Meal 19	20
Whole Grain Sloppy Joe Sandwich or Grilled Chicken Caesar Salad w/ Local MI Romaine Lettuce & Whole Grain Dinner Roll	Whole Grain Chicken Crisпитos w/ Salsa Cup or Grilled Chicken Caesar Salad w/ Local MI Romaine Lettuce & Whole Grain Dinner Roll	Whole Grain Macaroni & Cheese w/ Whole Grain Pretzel or Grilled Chicken Caesar Salad w/ Local MI Romaine Lettuce & Whole Grain Dinner Roll	Turkey Gravy w/ Twisted Breadstick or Grilled Chicken Caesar Salad w/ Local MI Romaine Lettuce & Whole Grain Dinner Roll	Whole Grain Bosco Sticks w/ Marinara Sauce or Grilled Chicken Caesar Salad w/ Local MI Romaine Lettuce & Whole Grain Dinner Roll
Cheesy Scalloped Potatoes Celery Sticks Fresh Strawberries Tropical Fruit Cup	Seasoned Black Beans Local MI Romaine Lettuce Local MI Apple Frozen Peach Cup	Steamed Green Beans Fresh Grape Tomatoes Fresh Cantaloupe Cubes Local MI 100% Fruit Juice	Mashed Potatoes Baby Carrots Craisins Diced Pears	Steamed Carrots Cauliflower Florets Local MI Apple Pineapple Tidbits Cup
23	24	25	26	27
Cheeseburger or Red, White & Blue Yogurt Parfait w/ Whole Grain Cheez-Its & String Cheese	Whole Grain Mini Cheese Pizzas w/ Marinara Sauce Cup or Red, White & Blue Yogurt Parfait w/ Whole Grain Cheez-Its & String Cheese	No School	No School– Happy Thanksgiving!	No School
Curly Fries Celery Sticks Diced Peaches Frozen Strawberry Cup	Local MI Baked Beans Fresh Grape Tomatoes Fresh Pear Mixed Fruit Mallow			
30				
Cheesy Sloppy Joe Scoops or Red, White & Blue Yogurt Parfait w/ Whole Grain Cheez-Its & String Cheese				
Cheesy Scalloped Potatoes Cucumber Slices Local MI Apple Fresh Watermelon Cubes				

Menu subject to change without notice.

Please refer to our website www.zps.org/parents/food-service for menu changes, online deposits, and meal applications

Questions? Please email the Food Service Office at foodservice@zps.org or call 616-748-3128.

This institution is an equal opportunity provider.

Elementary Breakfast Menu

November 2026

All Michigan School Meals are FREE.

Milk Only \$0.75

Adult Breakfast - \$3.25

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Whole Grain Apple Cinnamon French Toast w/ Syrup Cup or Whole Grain Cereal Baby Carrots Diced Pears Local MI Milk	Whole Grain Cinnamon Roll w/ Breakfast Sausage or Whole Grain Cereal w/ String Cheese Cucumber Slices Fresh Orange Local MI Milk	Whole Grain Maple Pancake Puffs w/ Syrup Cup or Whole Grain Cereal Broccoli Florets Local MI Apple Local MI Milk	Whole Grain Sausage Breakfast Pizza or Whole Grain Cereal w/Whole Grain Cheez-Its Tater Tots Local MI 100% Fruit Juice Local MI Milk	No School
9	10	11	12	13
Whole Grain Apple Cinnamon French Toast w/ Syrup Cup or Whole Grain Cereal Baby Carrots Diced Pears Local MI Milk	Whole Grain Cinnamon Roll w/ Breakfast Sausage or Whole Grain Cereal w/ String Cheese Cucumber Slices Fresh Orange Local MI Milk	Whole Grain Maple Pancake Puffs w/ Syrup Cup or Whole Grain Cereal Broccoli Florets Local MI Apple Local MI Milk	Whole Grain Sausage Breakfast Pizza or Whole Grain Cereal w/Whole Grain Cheez-Its Tater Tots Local MI 100% Fruit Juice Local MI Milk	Whole Grain Donut or Whole Grain Cereal Applesauce Diced Peaches Local MI Milk
16	17	18	19	20
Whole Grain Apple Cinnamon French Toast w/ Syrup Cup or Whole Grain Cereal Baby Carrots Diced Pears Local MI Milk	Whole Grain Cinnamon Roll w/ Breakfast Sausage or Whole Grain Cereal w/ String Cheese Cucumber Slices Fresh Orange Local MI Milk	Whole Grain Maple Pancake Puffs w/ Syrup Cup or Whole Grain Cereal Broccoli Florets Local MI Apple Local MI Milk	Whole Grain Sausage Breakfast Pizza or Whole Grain Cereal w/Whole Grain Cheez-Its Tater Tots Local MI 100% Fruit Juice Local MI Milk	Whole Grain Donut or Whole Grain Cereal Applesauce Diced Peaches Local MI Milk
23	24	25	26	27
Whole Grain Apple Cinnamon French Toast w/ Syrup Cup or Whole Grain Cereal Baby Carrots Diced Pears Local MI Milk	Whole Grain Cinnamon Roll w/ Breakfast Sausage or Whole Grain Cereal w/ String Cheese Cucumber Slices Fresh Orange Local MI Milk	No School	No School- Happy Thanksgiving!	No School
30				
Whole Grain Apple Cinnamon French Toast w/ Syrup Cup or Whole Grain Cereal Baby Carrots Diced Pears Local MI Milk				

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