

Zeeland Public Schools High School Menu January 2018

Check out our C-Store
Open daily from 7:15am-3pm

LUNCH PRICES

Chix/Dux Value Meal

\$3.00

Extra Entrée

\$2.00

Adult

\$3.85

Milk

\$.50

Extra of any product may be purchased at a la-carte pricing



**Breakfast and Lunch
must include 1/2 cup
fruit or vegetable
to be a complete meal
at value pricing**



Menu subject to change
without notice
Please refer our website
www.zps.org/food-service
in the event of a “snow day”
or unplanned day off
to review menu changes.

Download “My School Menus” for free
from your app store or google play. You
can also use the online version from your PC
at www.zps.org/food-service for interactive
menus offering translation, allergens,
nutrient information and more.

	Home-Style Specials	Grab & Go Sassy Subs	Pizza Plus Hot Vegetable Available Daily	Available Daily
Monday	French Toast & Sausage or Blueberry Waffles & Smoky Links Sides: Steamed Carrots & Grapes	Mini Corn Dogs Spicy Popcorn Chicken & Muffin Chicken Teriyaki Sub	Cheese Pizza Pepperoni French Bread	<ul style="list-style-type: none"> ◆ Build your own Burger Bar ◆ PBJ Sandwich ◆ Specialty Salads <u>Fruit & Veggie Bar</u> Romaine Lettuce, Celery, Carrots, Cucumber, Tomatoes, Broccoli, Cauliflower, Fresh Peppers & additional Fruit Choices
Tuesday	Taco Bar Includes Beef or Chicken, Shells, Tortilla Chips, or Salad Shell & Cheese Sides: Corn & Diced Pears	Chicken Nuggets & Cornbread Mini Loaf Ham & Cheese Stromboli Turkey & Cheese Croissant	Pizza Sticks w/Marinara Buffalo Chicken Pizza	
Wednesday	Loaded Fry Bar w/Bosco Cheese Breadstick Waffle Fries with BBQ Pork or Chili and Shredded Cheese Sides: Steamed Broccoli & Peaches	Chicken Wings & Dutch Waffle Brat on Bun Meatball Sub	Taco Pizza Stuffed Crust Pizza	
Thursday	Rice Bowl Carnita Pork or Chicken w/Rice & Eggroll Salsa & Sour Cream Sides: Black Beans & Mandarin Oranges	Grilled Cheese & Tomato Soup Spicy Chicken Patty on Bun Turkey or Ham & Cheese Sub	Pepperoni Pizza Ham & Pineapple Pizza	
Friday	Spaghetti w/Meat Sauce or Chicken Alfredo & Garlic Bread Sides: Fresh Assorted Peppers & Applesauce	Mini Cheeseburger Sliders Mozzarella Cheese Sticks & Marinara Pepperoni Sub Potato Choice: Cheddar Munchers	Meat Pizza Cheese Pizza	

High School Breakfast
January 2018
Served 7:15 a.m. to 9:00 a.m.

BREAKFAST
PRICES

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2			3 A. Mini Cinnamon Pull Apart B. Cereal & Pop Tart C. Mini Pancake Wraps Fruit choice: Applesauce	4 A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar C. Breakfast Sausage Pizza Fruit choice: Banana	5 A. Donut Friday B. Cereal & Cheese Stick C. Sausage & Cheese on a Biscuit Fruit choice: Mixed Fruit
Week 3	8 A. Bagel & Cream Cheese B. Cereal & Goldfish Giant Grahams C. Sausage & Cheese on English Muffin Fruit Choice: Diced Peaches	9 A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar C. Egg & Bacon on a Biscuit Fruit Choice: Mixed Fruit	10 A. Cinnamon Waffles & Syrup B. Cereal & Banana Muffin C. Pancake on a Stick Fruit Choice: Raisins	11 A. Cherry Filled Frudel B. Cereal & Teddy Grahams C. Breakfast Sausage Pizza Fruit Choice: Diced Pears	12 A. Donut Friday B. Cereal & Cheese Stick C. Sausage & Cheese on a Biscuit Fruit Choice: Applesauce
Week 1	15 A. Apple Filled Frudel B. Cereal & Pop Tart C. Sausage & Cheese on English Muffin Fruit Choice: Mixed Fruit	16 A. French Toast Sticks B. Cereal & String Cheese C. Egg & Bacon on a Biscuit Fruit choice: Diced Pears	Late Start No Breakfast	Late Start No Breakfast	Late Start No Breakfast
Week 2	No School Records Day	23 A. Pancakes & Syrup B. Cereal & Blueberry Muffin C. Egg & Bacon on a Biscuit Fruit choice: Diced Peaches	24 A. Mini Cinnamon Pull Apart B. Cereal & Pop Tart C. Mini Pancake Wraps Fruit choice: Applesauce	25 A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar C. Breakfast Sausage Pizza Fruit choice: Banana	26 A. Donut Friday B. Cereal & Cheese Stick C. Sausage & Cheese on a Biscuit Fruit choice: Mixed Fruit
Week 3	29 A. Bagel & Cream Cheese B. Cereal & Goldfish Giant Grahams C. Sausage & Cheese on English Muffin Fruit Choice: Diced Peaches	30 A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar C. Egg & Bacon on a Biscuit Fruit Choice: Mixed Fruit	31 A. Cinnamon Waffles & Syrup B. Cereal & Banana Muffin C. Pancake on a Stick Fruit Choice: Raisins		

High School
\$2.00

Adult
\$2.75

Milk Only
\$.50

Free and Reduced Priced Lunch Applications available online at www.lunchapp.com or a printed copy can be picked up from your school office. If a student ID number is needed you can email us at www.foodservice.com

Online Deposits can be made at www.sendmoneytoschool.com or you can pay with cash or check at the register



This establishment is an equal opportunity provider