

Early Childhood Center / GSRP Lunch Menu September 2017

All Meals Include Milk

	Monday	Tuesday	Wednesday	Thursday
Week 2	11	12	13	14
	Bosco Stick & Cheese Stick with Marinara Sauce Sides: Baked Beans & Peaches	Chicken Rings w/Honey Wheat Roll & Margarine Sides: Whipped Potatoes & Applesauce	Blueberry Pancakes & Sausage Links Sides: Carrot Sticks & Pineapple Tidbits	Sloppy Joe on Bun Sides: Hashbrown Starz & Grapes
Week 3	18	19	20	21
	Breaded Chicken Leg & Banana Bread Sides: Cherry Tomatoes & Diced Pears	Mac & Cheese w/Honey Wheat Roll & Margarine Sides: Spinach & Romaine Salad w/Red Beans & Mandarin Oranges	French Toast and Sausage Links w/ Syrup Sides: Fresh Red Peppers & Pineapple Tidbits	Crispy Chicken Tenders & Chocolate Muffin Sides: French Fries & Diced Peaches
Week 1	25	26	27	28
	Cheese Pizza Sides: Steamed Broccoli & Mandarin Oranges	Chicken Nuggets & w/Honey Wheat Roll & Margarine Sides: Smile Potatoes & Diced Peaches	Meatballs in Brown Gravy w/Twisted Breadstick Sides: Whipped Potatoes & Melon	Turkey & Cheese on Croissant Sides: Warm Fiesta Black Beans & Fresh Apple



Menu subject to change without notice

Please refer our website www.zps.org/food-service in the event of a "snow day" or unplanned day off to review menu changes.



Early Childhood Center / GSRP Breakfast Menu September 2017

All Meals include Milk

	Monday	Tuesday	Wednesday	Thursday
	11	12	13	14
Week 2	Cereal Juice Milk	Teddy Grahams Diced Peaches Milk	Cereal Juice Milk	Cereal Juice Milk
	18	19	20	21
Week 3	Cereal Juice Milk	Cinnamon Streusel Muffin Diced Pears Milk	Cereal Juice Milk	Cereal Juice Milk
	25	26	27	28
Week 1	Cereal Juice Milk	Blueberry Nutrigrain Bar Applesauce Milk	Cereal Juice Milk	Cereal Juice Milk

Breakfast and Lunch must include a 1/2 cup fruit or vegetable to be a complete meal

This institution is an equal opportunity provider.