

# Zeeland Christian Schools

## Lunch Menu

### September 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>NO LUNCH PROVIDED AUGUST 29-31</b>	<b>Salad Bar Available Daily:</b> Romaine Lettuce Tri Colored Peppers Carrots Tomatoes Cucumber Optional Fruit Choice		<b>VALUE LUNCH PRICES</b> (Includes Milk) \$2.50 full pay \$0.40 reduced pay <b>Adult Meal</b> \$3.85 <b>Milk Only</b> 50¢ for all students	Breakfast and Lunch must contain a ½ cup fruit or vegetable and at least 3 components to be a complete meal at value pricing
4	5	6	7	8	
Week 1		<b>A. Corn Dog</b> <b>B. Pizza Sticks (2) &amp; Marinara Sauce</b>  Sides: Corn & Diced Peaches	<b>A. Pepperoni Pizza</b> <b>B. Meatballs in Gravy w/ Twisted Breadstick</b>  Sides: Whipped Potatoes & Kiwi	<b>A. Nachos Supreme</b> (Meat, Chips, Lettuce, & Tomato) <b>B. Turkey &amp; Cheese on Croissant</b>  Sides: Warm Fiesta Black Beans & Fresh Apple	<b>A. Breaded Chicken Patty on Bun</b> <b>B. Cheese Pizza</b>  Sides: Carrot Sticks & Mandarin Oranges
11	12	13	14	15	
Week 2	<b>A. Burrito &amp; Taco Sauce</b> <b>B. Bosco Stick &amp; Cheese Stick with Marinara Sauce</b>  Sides: Baked Beans, Peaches, & Sidekick Frozen Dessert	<b>A. Turkey Gravy, Roll, &amp; Margarine</b> <b>B. Chicken Nuggets</b>  Sides: Whipped Potatoes & Applesauce	<b>A. Blueberry Pancakes &amp; Sausage Links</b> <b>B. Baked Mozzarella Cheese Sticks &amp; Marinara</b>  Sides: Carrot Sticks & Pineapple Tidbits	<b>A. Sloppy Joe on Bun</b> <b>B. Hot Dog on Bun</b>  Sides: Hashbrown Starz & Grapes	<b>A. Pepperoni Pizza</b> <b>B. Chicken Fries &amp; Cheddar Pretzel Bosco</b> Sides: Green Beans & Fresh Blueberries
18	19	20	21	22	
Week 3	<b>A. Walking Tacos</b> <b>B. Breaded Chicken Leg &amp; Cornbread Loaf w/Honey</b>  Sides: Cherry Tomatoes & Diced Pears	<b>A. Mac &amp; Cheese</b> <b>B. Ham &amp; Cheese on Flatout Wrap</b>  Sides: Spinach & Romaine Salad w/Red Beans & Mandarin Oranges	<b>A. French Toast and Sausage Links w/ Syrup</b> <b>B. Corn Dog</b>  Sides: Fresh Red Peppers & Pineapple Tidbits	<b>A. Crispy Chicken Tenders &amp; Chocolate Muffin</b> <b>B. Cheeseburger on Bun</b>  Sides: French Fries & Diced Peaches	<b>A. Pizza Sticks &amp; Marinara</b> <b>B. Chicken Alfredo &amp; Garlic Bread</b>  Sides: Corn & Fresh Apple
25	26	27	28	29	
Week 1	<b>A. Breaded Chicken Patty on Bun</b> <b>B. Cheese Pizza</b>  Sides: Steamed Broccoli & Mandarin Oranges	<b>A. Chicken Nuggets</b> <b>B. Cheese Omelet &amp; Cinnamon Toast Cereal</b>  Sides: Smile Potatoes & Diced Peaches	<b>A. Pepperoni Pizza</b> <b>B. Meatballs in Brown Gravy w/Twisted Breadstick</b>  Sides: Whipped Potatoes & Melon	<b>A. Nachos Supreme</b> (Meat, Chips, Lettuce, & Tomato) <b>B. Turkey &amp; Cheese on Croissant</b>  Sides: Warm Fiesta Black Beans & Fresh Apple	<b>A. Scrambled Eggs &amp; Cinnamon Roll</b> <b>B. Chicken Fajitas</b>  Sides: Salsa, Carrot Sticks & Diced Pears

**Menu subject to change without notice:**

Please refer our website [www.zps.org/food-service](http://www.zps.org/food-service) in the event of a “snow day” or unplanned day off to review menu changes.

This institution is an equal opportunity provider.