

Zeeland Public Schools High School Menu September 2017

Check out our C-Store
Open daily from 7:15am-3pm

LUNCH PRICES

Chix/Dux Value Meal
\$3.00
Extra Entrée
\$2.00
Adult
\$3.85
Milk
\$.50

Extra of any product may be purchased at a la-carte pricing



**Breakfast and Lunch
must include 1/2 cup
fruit or vegetable
to be a complete meal
at value pricing**


**Menu subject to change
without notice
Please refer our website
www.zps.org/food-service
in the event of a “snow day”
or unplanned day off
to review menu changes.**

Download “My School Menus” for free from your app store or google play. You can also use the online version from your PC at www.zps.org/food-service for interactive menus offering translation, allergens, nutrient information and more.

	Home-Style Specials	Grab & Go Sassy Subs	Pizza Plus Hot Vegetable Available Daily	Available Daily
Monday	Mac & Cheese or Fiesta Mac & Cheese w/Cornbread Sides: Sidekick & Pears	Mini Corn Dogs Spicy Chicken Patty on a Bun Pepperoni Sub Potato Choice: French Fries	Cheese Pizza Deluxe Vegetable Pizza	<ul style="list-style-type: none"> ◆ Build your own Burger Bar ◆ PBJ Sandwich ◆ Specialty Salads <p><u>Fruit & Veggie Bar</u> Romaine Lettuce, Celery, Carrots, Cucumber, Tomatoes, Broccoli, Cauliflower, Fresh Peppers & additional Fruit Choices</p>
Tuesday	Taco Bar Includes Beef, Shells, Tortilla Chips, Salad Shell, & Cheese Sides: Warm Fiesta Black Beans & Blueberries or Melon	Corn Dog Chicken Nuggets & Chocolate Muffin Meatball Sub	Pizza Sticks & Marinara Buffalo Chicken Pizza	
Wednesday	French Toast w/Syrup & Sausage Links Sides: Hash Browns & Warm Apple Slices	Breaded Chicken Leg & Banana Bread Mozzarella Cheese Sticks & Marinara Chicken Teriyaki Sub Potato Choice: Hash Browns	Pepperoni Pizza Bosco Stick & Cheese Stick	
Thursday	Meatball & Gravy Potato Bowl w/ Twisted Breadstick Sides: Red Peppers & Mandarin Oranges	Chicken Wings & Dutch Waffle Toasted Cheese Sandwich Turkey or Ham & Cheese Sub	4 Meat Pizza Cheese Pizza	
Friday	Spaghetti w/Meat Sauce or Chicken Alfredo & Garlic Bread Sides: Corn & Peaches	Chicken Tenders & Apple Filled Breadstick Breaded Chicken Patty on Bun Ham & Cheese Calzone Potato Choice: Cheddar Munchers	Chicken Alfredo Pizza French Bread Pizza	

High School Breakfast
September 2017
Served 7:15 a.m. to 9:00 a.m.



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1		4 A. Cereal & Goldfish Giant Grahams B. Egg & Bacon on a Biscuit Fruit choice: Peaches	5 A. Cereal & String Cheese B. Mini Pancake Wraps Fruit choice: Fresh Blueberries	6 A. Cereal & Poptart B. Breakfast Sausage Pizza Fruit choice: Diced Pears	7 A. Donut Friday B. Cereal & Nutrigrain Bar Fruit choice: Applesauce
Week 2	11 A. Maple Waffle & Syrup B. Cereal & Teddy Grahams C. Sausage & Cheese on English Muffin Fruit choice: Diced Pears	12 A. Pancakes & Syrup B. Cereal & Blueberry Muffin C. Egg & Bacon on a Biscuit Fruit choice: Diced Peaches	13 A. Mini Cinnamon Pull Apart B. Cereal & Pop Tart C. Mini Pancake Wraps Fruit choice: Applesauce	14 A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar C. Breakfast Sausage Pizza Fruit choice: Banana	15 A. Donut Friday B. Cereal & Cheese Stick C. Sausage & Cheese on a Biscuit Fruit choice: Mixed Fruit
Week 3	18 A. Bagel & Cream Cheese B. Cereal & Goldfish Giant Grahams C. Sausage & Cheese on English Muffin Fruit Choice: Diced Peaches	19 A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar C. Egg & Bacon on a Biscuit Fruit Choice: Mixed Fruit	20 A. Cinnamon Waffles & Syrup B. Cereal & Banana Muffin C. Pancake on a Stick Fruit Choice: Fresh Orange	21 A. Cherry Filled Frudel B. Cereal & Teddy Grahams C. Breakfast Sausage Pizza Fruit Choice: Diced Pears	22 A. Donut Friday B. Cereal & Cheese Stick C. Sausage & Cheese on a Biscuit Fruit Choice: Applesauce
Week 1	25 A. Apple Filled Frudel B. Cereal & Pop Tart C. Sausage & Cheese on English Muffin Fruit Choice: Mixed Fruit	26 A. French Toast Sticks B. Cereal & String Cheese C. Egg & Bacon on a Biscuit Fruit choice: Diced Pears	27 A. Bosco Egg, Cheese, & Bacon Breakfast Stick B. Cereal & Teddy Grahams C. Mini Pancake Wraps Fruit choice: Pineapple	28 A. Mini Blueberry Waffles & Syrup B. Cereal & Goldfish Giant Grahams C. Breakfast Sausage Pizza Fruit choice: Banana	29 A. Donut Friday B. Cereal & Nutrigrain Bar C. Sausage & Cheese Biscuit Fruit choice: Peaches

BREAKFAST PRICES

High School
\$2.00

Adult
\$2.75

Milk Only
\$.50

Free and Reduced Priced Lunch Applications available online at www.lunchapp.com or a printed copy can be picked up from your school office. If a student ID number is needed you can email us at www.foodservice.com

Online Deposits can be made at www.sendmoneytoschool.com or you can pay with cash or check at the register

This establishment is a equal opportunity provider