

City on a Hill / CBI
Lunch Menu October 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	2	3	4	5	6
	Bosco Stick & Cheese Stick with Marinara Sauce Sides: Baked Beans & Peaches	Chicken Rings w/Honey Wheat Roll & Margarine Sides: Whipped Potatoes & Applesauce	Blueberry Pancakes & Sausage Links Sides: Carrot Sticks & Pineapple Tidbits	Sloppy Joe on Bun Sides: Hashbrown Starz & Grapes	No Lunch Provided
Week 3	9	10	11	12	13
	Breaded Chicken Leg & Banana Bread Sides: Cherry Tomatoes & Diced Pears	Mac & Cheese w/Honey Wheat Roll & Margarine Sides: Spinach & Romaine Salad w/Red Beans & Mandarin Oranges	French Toast Minis and Sausage Links w/ Syrup Sides: Fresh Red Peppers & Pineapple Tidbits	Crispy Chicken Tenders & Chocolate Muffin Sides: French Fries & Diced Peaches	Teacher In-Service No School Today
Week 1	16	17	18	19	20
	Cheese Pizza Sides: Steamed Broccoli & Mandarin Oranges	Chicken Nuggets & w/Honey Wheat Roll & Margarine Sides: Smile Potatoes & Diced Peaches	Meatballs in Brown Gravy w/Twisted Breadstick Sides: Whipped Potatoes & Melon	Turkey & Cheese on Croissant Sides: Warm Fiesta Black Beans & Fresh Apple	Mini Corn Dogs Sides: Carrot Sticks & Diced Pears
Week 2	23	24	25	26	27
	Bosco Stick & Cheese Stick with Marinara Sauce Sides: Baked Beans & Peaches	Chicken Rings w/Honey Wheat Roll & Margarine Sides: Whipped Potatoes & Applesauce	Blueberry Pancakes & Sausage Links Sides: Carrot Sticks & Pineapple Tidbits	Sloppy Joe on Bun Sides: Hashbrown Starz & Grapes	½ Day No Lunch Provided
Week 3	30	31			
	Breaded Chicken Leg & Banana Bread Sides: Cherry Tomatoes & Diced Pears	Mac & Cheese w/Honey Wheat Roll & Margarine Sides: Spinach & Romaine Salad w/Red Beans & Mandarin Oranges			VALUE LUNCH PRICES (Includes Milk) \$3.00 full pay \$0.40 reduced pay Adult Meal \$3.85 Milk Only 50¢ for all students

Menu subject to change without notice:

Please refer our website www.zps.org/food-service in the event of a "snow day" or unplanned day off to review menu changes.

This institution is an equal opportunity provider.