

# Zeeland Public Schools High School Menu May 2017

Check out our C-Store  
Open daily from 7:15am-3pm

## LUNCH PRICES

**High School**

\$2.90

**Extra Entrée**

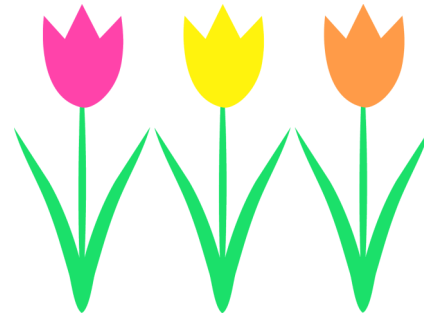
\$2.00

**Adult**

\$3.70

**Milk**

\$ .50



Breakfast and Lunch  
must include 1/2 cup  
fruit or vegetable  
to be a complete meal

Menu subject to change  
without notice  
Please refer our website  
[www.zps.org/food-service](http://www.zps.org/food-service)  
in the event of a "snow day"  
or unplanned day off  
to review menu changes.



### Available Daily

#### Salad Bar

Romaine Lettuce, Celery, Carrots, Cucumber,  
Tomatoes, Broccoli, Cauliflower, Fresh  
Peppers & additional Fruit Choices  
Ice Cold Chocolate,  
Strawberry, or White Milk


Download "My School Menus" for free from  
your app store or google play. You can also use  
the online version from your PC at [www.zps.org/food-service](http://www.zps.org/food-service)  
for interactive menus offering trans-  
lation, allergens, nutrient information and more.

Extra of any product may be purchased at a la-carte pricing

	<b>Grab &amp; Go Sassy Subs</b>	<b>Pizza Plus Hot Vegetable Available Daily</b>	<b>Home-Style Specials</b>	<b>Available Daily</b>
<b>Monday</b>	Corn Dog Spicy Popcorn Chicken & Cornbread Turkey & Cheese Sub Potato Choice: Sidewinder Fries	Pizza Sticks & Marinara Deluxe Vegetable Round Pizza	Taco Bar Includes Beef, Shells, Tortilla Chips, Salad Shell, Cheese & Vegetables Sides: Bean Salad & Grapes	Build your own Burger Bar PBJ Sandwich Meal Specialty Salads
<b>Tuesday</b>	Chicken Tenders & Chocolate Muffin Mini Corn Dogs Turkey or Ham & Cheese Sub	Primo Cheese Pizza Ham & Pineapple Pizza	Rice Bowl w/Orange Chicken & Egg Roll Sides: Broccoli & Diced Peaches	
<b>Wednesday</b>	Hot Dog on Bun Chicken Nuggets & Roll Meatball Sub Potato Choice: Hash Browns	Meat Lovers Pizza Pepperoni Pizza	French Toast & Sausage Sides: Hash Browns & Warm Apple Slices	
<b>Thursday</b>	Bratwurst on Bun Spicy Chicken Sandwich Chicken Teriyaki Sub	Bosco Stick & Cheese Stick French Bread Pizza	Meatball & Gravy Potato Bowl w/ Twisted Breadstick Sides: Red Peppers & Mandarin Oranges	
<b>Friday</b>	Chicken Wings & Dutch Waffle Gourmet Chicken Sausage on Bun Pepperoni Sub Potato Choice: Cheddar Munchers	Big Daddies Pepperoni Pizza Buffalo Chicken Pizza	Spaghetti w/Meat Sauce & Garlic Bread Sides: Corn & Diced Pears	

**High School Breakfast**  
**May 2017**  
 Served 7:15 a.m. to 9:00 a.m.



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 3</b>	<p align="right">1</p> <p>A. Bagel &amp; Cream Cheese                      B. Cereal &amp; Teddy Grams                      C. Sausage &amp; Cheese on English Muffin</p> <p><b>Fruit Choice:</b> Diced Peaches</p>	<p align="right">2</p> <p>A. Mini Pancake Wraps                      B. Cereal &amp; Nutrigrain Bar                      C. Egg &amp; Bacon on a Biscuit</p> <p><b>Fruit Choice:</b> Mixed Fruit</p>	<p align="right">3</p> <p>A. Mini Cinnamon French Toast &amp; Syrup                      B. Cereal &amp; Banana Muffin                      C. Pancake on a Stick</p> <p><b>Fruit Choice:</b> Fresh Orange</p>	<p align="right">4</p> <p>A. Cherry Filled Frudel                      B. Cereal &amp; Graham Crackers                      C. Breakfast Sausage Pizza</p> <p><b>Fruit Choice:</b> Diced Pears</p>	<p align="right">5</p> <p>A. Donut Friday                      B. Cereal &amp; Cheese Stick                      C. Sausage &amp; Cheese on a Biscuit</p> <p><b>Fruit Choice:</b> Applesauce</p>
<b>Week 1</b>	<p align="right">8</p> <p>A. Apple Frudel                      B. Cereal &amp; Graham Crackers                      C. Sausage &amp; Cheese on English Muffin</p> <p><b>Fruit choice:</b> Diced Peaches</p>	<p align="right">9</p> <p>A. French Toast Sticks                      B. Cereal &amp; String Cheese                      C. Egg &amp; Bacon on a Biscuit</p> <p><b>Fruit choice:</b> Fresh Orange</p>	<p align="right">10</p> <p>A. Mini Cinnamon Pull Apart                      B. Cereal &amp; Teddy Grams                      C. Mini Pancake Wraps</p> <p><b>Fruit choice:</b> Mixed Fruit</p>	<p align="right">11</p> <p>A. Mini Blueberry Waffles &amp; Syrup                      B. Cereal &amp; Poptart                      C. Breakfast Sausage Pizza</p> <p><b>Fruit choice:</b> Diced Pears</p>	<p align="right">12</p> <p>A. Donut Friday                      B. Cereal &amp; Nutrigrain Bar                      C. Sausage &amp; Cheese on a Biscuit</p> <p><b>Fruit choice:</b> Applesauce</p>
<b>Week 2</b>	<p align="right">15</p> <p>A. Maple Waffle &amp; Syrup                      B. Cereal &amp; Animal Crackers                      C. Sausage &amp; Cheese on English Muffin</p> <p><b>Fruit choice:</b> Diced Pears</p>	<p align="right">16</p> <p>A. Pancakes &amp; Syrup                      B. Cereal &amp; Blueberry Muffin                      C. Egg &amp; Bacon on a Biscuit</p> <p><b>Fruit choice:</b> Diced Peaches</p>	<p align="right">17</p> <p>A. Mini Cinnamon Pull Apart                      B. Cereal &amp; Graham Crackers                      C. Mini Pancake Wraps</p> <p><b>Fruit choice:</b> Applesauce</p>	<p align="right">18</p> <p>A. Blueberry Pancake on a stick                      B. Cereal &amp; Nutrigrain Bar                      C. Breakfast Sausage Pizza</p> <p><b>Fruit choice:</b> Banana</p>	<p align="right">19</p> <p>A. Donut Friday                      B. Cereal &amp; Cheese Stick                      C. Sausage &amp; Cheese on a Biscuit</p> <p><b>Fruit choice:</b> Mixed Fruit</p>
<b>Week 3</b>	<p align="right">22</p> <p>A. Bagel &amp; Cream Cheese                      B. Cereal &amp; Teddy Grams                      C. Sausage &amp; Cheese on English Muffin</p> <p><b>Fruit Choice:</b> Diced Peaches</p>	<p align="right">23</p> <p>A. Mini Pancake Wraps                      B. Cereal &amp; Nutrigrain Bar                      C. Egg &amp; Bacon on a Biscuit</p> <p><b>Fruit Choice:</b> Mixed Fruit</p>	<p align="right">24</p> <p>A. Mini Cinnamon French Toast &amp; Syrup                      B. Cereal &amp; Banana Muffin                      C. Pancake on a Stick</p> <p><b>Fruit Choice:</b> Fresh Orange</p>	<p align="right">25</p> <p>A. Cherry Filled Frudel                      B. Cereal &amp; Graham Crackers                      C. Breakfast Sausage Pizza</p> <p><b>Fruit Choice:</b> Diced Pears</p>	<p align="right">26</p> <p>A. Donut Friday                      B. Cereal &amp; Cheese Stick                      C. Sausage &amp; Cheese on a Biscuit</p> <p><b>Fruit Choice:</b> Applesauce</p>
<b>Week 1</b>	<p align="right">29</p> 	<p align="right">30</p> <p>A. French Toast Sticks                      B. Cereal &amp; String Cheese                      C. Egg &amp; Bacon on a Biscuit</p> <p><b>Fruit choice:</b> Fresh Orange</p>	<p align="right">31</p> <p>A. Mini Cinnamon Pull Apart                      B. Cereal &amp; Teddy Grams                      C. Mini Pancake Wraps</p> <p><b>Fruit choice:</b> Mixed Fruit</p>		

**BREAKFAST**  
**PRICES**

**High School**  
**\$1.90**

**Adult**  
**\$2.65**

**Milk Only**  
**\$ .50**

Free and Reduced Priced Lunch Applications available online at [www.lunchapp.com](http://www.lunchapp.com) or a printed copy can be picked up from your school office. If a student ID number is needed you can email us at [www.foodservice.com](http://www.foodservice.com)

Online Deposits can be made at [www.sendmoneytoschool.com](http://www.sendmoneytoschool.com) or you can pay with cash or check at the register

This establishment is a equal opportunity provider