

LUNCH PRICES

MS Meal
\$2.65
Adult Meal
\$3.70
Milk Only
50¢

**Zeeland Middle Schools
Lunch Menu
March 2017
All Meals include Milk**

Salad Bar Available Daily:

Romaine Lettuce
Broccoli
Peppers
Carrots
Tomatoes
Cucumber
Optional Fruit Choice

			Wednesday, Mar 1	Thursday, Mar 2	Friday, Mar 3
Week 1			A. Pepperoni Pizza B. Meatballs & Brown Gravy w/Twisted Breadstick C. Chicken Quesadilla & Marinara D. Ham & Cheese Calzone Whipped Potatoes & Mandarin Oranges	A. Scrambled Eggs & Cinnamon Roll B. Pepperoni Calzone C. French Bread Pizza D. Cheeseburger on Bun Carrot Sticks & Diced Pears	A. Nachos Supreme B. Turkey & Cheese on Croissant C. Mozzarella Cheese Sticks & Marinara D. Bosco Stick, Cheese Stick & Marinara Sauce Homemade Bean Salad & Fresh Apple
	Monday, Mar 6	Tuesday, Mar 7	Wednesday, Mar 8	Thursday, Mar 9	Friday, Mar 10
Week 2	A. Burrito & Taco Sauce B. Pepperoni Calzone C. Bosco Stick, Cheese Stick & Marinara Sauce D. Spicy Chicken Patty on Bun Red Peppers & Sliced Peaches	A. Turkey Gravy & Twisted Breadstick B. Chicken Rings, Roll, & Margarine C. Pizza Sticks & Marinara D. Cheeseburger on Bun Whipped Potatoes & Applesauce	A. Blueberry Pancakes & Sausage Links B. Baked Mozzarella Cheese Sticks & Marinara C. Chicken Alfredo & Noodles w/Garlic Bread D. Pepperoni French Bread Pizza Carrot Sticks & Pineapple Tidbits	A. Sloppy Joe on Bun B. Hot Dog on Bun C. Lasagna Roll Up & Banana Muffin D. Cheeseburger on Bun Baked Beans & Grapes	A. Pepperoni Pizza B. Chicken Fries & Cheddar Bosco Stick C. Breaded Chicken Patty on Bun D. Ham & Cheese Calzone Green Beans & Fresh Orange
	Monday, Mar 13	Tuesday, Mar 14	Wednesday, Mar 15	Thursday, Mar 16	Friday, Mar 17
Week 3	A. Taco's (Shells, Meat, & Cheese) B. Bosco Stick, Cheese Stick & Marinara Sauce C. Pepperoni Pizza D. Spicy Chicken Patty/Bun Cherry Tomatoes & Diced Pears	A. Mac & Cheese & Bread Slice & Margarine B. Ham & Cheese Wrap C. Burrito & Taco Sauce D. Mini Corn Dogs Spinach & Romaine Salad w/Red Beans & Mandarin Oranges	A. Waffle Sticks & Cheese Omelet B. Chicken Leg & Cornbread Mini Loaf C. Stuffed Crust Pizza D. Ham & Cheese on Pretzel Bun Fresh Red Peppers & Pineapple	A. Crispy Chicken Tenders & Chocolate Chip Muffin B. Cheeseburger on Bun C. Pepperoni Calzone D. PBJ Uncrustable Sandwich French Fries & Diced Peaches	A. Pizza Sticks & Marinara B. Chicken Fajita (shells & meat) C. (2) Mini Bosco Sticks & Cheddar Cheese Stick D. Hamburger on Bun  Salsa, Corn & Fresh Apple Choc Mint Ice Cm Cup
	Monday, Mar 20	Tuesday, Mar 21	Wednesday, Mar 22	Thursday, Mar 23	Friday, Mar 24
Week 1	A. Breaded Chicken Patty on Bun B. Cheese Pizza C. Meatball Sub D. Mini Twin Cheeseburger Celery Sticks w/Ranch & Raisins	A. Corn Dog B. Cheese Ravioli in Spaghetti Sauce & Garlic Bread C. Buffalo Chicken Pizza D. Hamburger on Bun Corn Cob & Diced Peaches	A. Pepperoni Pizza B. Meatballs & Brown Gravy w/Twisted Breadstick C. Chicken Quesadilla & Marinara D. Ham & Cheese Calzone Whipped Potatoes & Mandarin Oranges	A. Nachos Supreme B. Turkey & Cheese on Croissant C. Baked Mozzarella Cheese Sticks & Marinara D. Bosco Stick, Cheese Stick & Marinara Sauce Homemade Bean Salad & Fresh Apple	A. Chili & Cinnamon Roll B. Pepperoni Calzone C. French Bread Pizza D. Cheeseburger on Bun Carrot Sticks & Diced Pears
	Monday, Mar 27	Tuesday, Mar 28	Wednesday, Mar 29	Thursday, Mar 30	Friday, Mar 31
Week 2	A. Burrito & Taco Sauce B. Bosco Stick, Cheese Stick & Marinara Sauce C. Pepperoni Calzone D. Spicy Chicken Patty on Bun Baked Beans & Peaches	A. Turkey Gravy & Twisted Breadstick B. Chicken Nuggets, Roll, & Margarine C. Pizza Sticks & Marinara D. Cheeseburger on Bun Whipped Potatoes & Applesauce	A. Blueberry Pancakes & Sausage Links B. Baked Mozzarella Cheese Sticks & Marinara C. Chicken Alfredo & Noodles w/Garlic Bread D. Pepperoni French Bread Pizza Carrot Sticks & Pineapple Tidbits	A. Sloppy Joe on Bun B. Hot Dog on Bun C. Lasagna Roll Up & Banana Muffin D. Cheeseburger on Bun Hashbrown Starz & Grapes	<p style="text-align: center;">Spring Break Begins</p>

Menu subject to change without notice

Please refer our website www.zps.org/food-service in the event of a "snow day" or unplanned day off to review menu changes.


BREAKFAST**PRICES**

MS Meal
\$1.90
Adult Meal
\$2.65
Milk Only
50¢

Zeeland Middle Schools Breakfast Menu March 2017

All Meals include Milk

Breakfast and Lunch must
include a 1/2 cup fruit or
vegetable to be a
complete meal

			Wednesday, Mar 1	Thursday, Mar 2	Friday, Mar 3
Week 1			A. Breakfast Sausage Pizza B. Cereal & Teddy Grahams Mixed Fruit	A. Mini Blueberry Waffles & Syrup B. Cereal & Poptart Diced Pears	A. Pancake on a stick B. Cereal & Nutrigrain Bar Applesauce
	Monday, Mar 6	Tuesday, Mar 7	Wednesday, Mar 8	Thursday, Mar 9	Friday, Mar 10
Week 2	A. Maple Waffle & Syrup B. Cereal & Animal Crackers Diced Pears	A. Pancakes & Syrup B. Cereal & Blueberry Muffin Diced Peaches	A. Breakfast Sausage Pizza B. Cereal & Graham Crackers Applesauce	A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Banana	A. Cinnamon Bagel-Ful Stick B. Cereal & Cheese Stick Mixed Fruit
	Monday, Mar 13	Tuesday, Mar 14	Wednesday, Mar 15	Thursday, Mar 16	Friday, Mar 17
Week 3	A. Mini Bagel & Strawberry Cream Cheese B. Cereal & Teddy Grahams Diced Peaches	A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar Mixed Fruit	A. Mini Cinnamon Waffles & Syrup B. Cereal & Banana Muffin Fresh Orange	A. Cherry Filled Frudel B. Cereal & Graham Crackers Diced Pears	A. French Toast Sticks & Syrup B. Cereal & Cheese Stick Applesauce 
	Monday, Mar 20	Tuesday, Mar 21	Wednesday, Mar 22	Thursday, Mar 23	Friday, Mar 24
Week 1	A. Apple Frudel B. Cereal & Graham Crackers Diced Peaches	A. French Toast Sticks B. Cereal & String Cheese Fresh Orange	A. Breakfast Sausage Pizza B. Cereal & Teddy Grahams Mixed Fruit	A. Mini Blueberry Waffles & Syrup B. Cereal & Poptart Diced Pears	A. Pancake on a stick B. Cereal & Nutrigrain Bar Applesauce
	Monday, Mar 27	Tuesday, Mar 28	Wednesday, March 29	Thursday, Mar 30	Friday, Mar 31
Week 2	A. Maple Waffle & Syrup B. Cereal & Animal Crackers Diced Pears	A. Pancakes & Syrup B. Cereal & Blueberry Muffin Diced Peaches	A. Breakfast Sausage Pizza B. Cereal & Graham Crackers Applesauce	A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Banana	Spring Break Begins

Free or Reduced Lunch Applications can be filled out any time at www.lunchapp.com

Download "My School Menus" for free from your app store or google play. You can also use the online version from your pc at www.zps.org/food-service

This institution is an equal opportunity provider.