

LUNCH PRICES

Elementary Meal

\$2.40

Adult Meal

\$3.70

Milk Only

50¢

Zeeland Elementary Schools

Lunch Menu

March 2017

All Meals include Milk

Salad Bar Available Daily:

Romaine Lettuce

Tri Colored Peppers

Carrots

Tomatoes

Cucumber

Optional Fruit Choice

			Wednesday, Mar 1	Thursday, Mar 2	Friday, Mar 3
Week 1	Happy 117 th Birthday  Dr. Seuss		A. Pepperoni Pizza B. Meatballs & Brown Gravy w/Twisted Breadstick C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Whipped Potatoes & Mandarin Oranges	A. Green Eggs & Ham w/Cinnamon Roll B. Pepperoni Calzone C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Carrot Sticks & Diced Pears	A. Nachos Supreme (Meat, Chips, Lettuce, & Tomato) B. Turkey & Cheese on Bun C. Yogurt, String Cheese, & Tortilla Chips Homemade Bean Salad & Fresh Apple
	Monday, Mar 6	Tuesday, Mar 7	Wednesday, Mar 8	Thursday, Mar 9	Friday, Mar 10
Week 2	Half Day No Lunch	A. Turkey Gravy, Roll, & Margarine B. Chicken Rings C. Yogurt, String Cheese, & Muffin Whipped Potatoes & Applesauce	A. Blueberry Pancakes & Sausage Links B. Baked Mozzarella Cheese Sticks & Marinara C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Carrot Sticks & Pineapple Tidbits	A. Sloppy Joe on Bun B. Hot Dog on Bun C. Yogurt, String Cheese, & Tortilla Chips Baked Beans & Grapes	A. Pepperoni Pizza B. Chicken Fries & Cheddar Pretzel Bosco C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Green Beans & Fresh Orange
	Monday, Mar 13	Tuesday, Mar 14	Wednesday, Mar 15	Thursday, Mar 16	Friday, Mar 17
Week 3	A. Soft Shell Tacos B. Bosco Stick, Cheese Stick & Marinara Sauce C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Cherry Tomatoes & Diced Pears	A. Mac & Cheese w/Mini Corn Dogs (3) B. Ham & Cheese on Flatout Wrap C. Yogurt, String Cheese, & Muffin Spinach & Romaine Salad w/Red Beans & Mandarin Oranges	A. Waffle Stix & Cheese Omelet B. Chicken Leg & Cornbread Mini Loaf C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Fresh Red Peppers & Pineapple Tidbits	A. Crispy Chicken Tenders & Chocolate Chip Muffin B. Cheeseburger on Bun C. Yogurt, String Cheese, & Tortilla Chips French Fries & Diced Peaches	A. Pizza Sticks & Marinara B. Chicken Fajita C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Salsa, Corn, Fresh Apple & Chocolate Mint Ice Cream Cup 
	Monday, Mar 20	Tuesday, Mar 21	Wednesday, Mar 22	Thursday, Mar 23	Friday, Mar 24
Week 1	A. Breaded Chicken Patty on Bun B. Cheese Pizza C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Celery Sticks w/Ranch & Raisins	A. Corn Dog B. Cheese Ravioli in Spaghetti Sauce C. Yogurt, String Cheese, & Muffin Corn Cob & Diced Peaches	A. Pepperoni Pizza B. Meatballs & Brown Gravy w/Twisted Breadstick C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Whipped Potatoes & Mandarin Oranges	A. Nachos Supreme (Meat, Chips, Lettuce, & Tomato) B. Turkey & Cheese on Bun C. Yogurt, String Cheese, & Tortilla Chips Homemade Bean Salad & Fresh Apple	A. Chili & Cinnamon Roll B. Pepperoni Calzone C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Carrot Sticks & Diced Pears
	Monday, Mar 27	Tuesday, Mar 28	Wednesday, Mar 29	Thursday, Mar 30	Friday, Mar 31
Week 2	A. Burrito & Taco Sauce B. Bosco Stick & Cheese Stick C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Baked Beans & Peaches	A. Turkey Gravy, Roll, & Margarine B. Chicken Nuggets C. Yogurt, String Cheese, & Muffin Whipped Potatoes & Applesauce	A. Blueberry Pancakes & Sausage Links B. Baked Mozzarella Cheese Sticks & Marinara C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Carrot Sticks & Pineapple Tidbits	A. Sloppy Joe on Bun B. Hot Dog on Bun C. Yogurt, String Cheese, & Tortilla Chips Hashbrown Starz & Grapes	Spring Break Begins

Menu subject to change without notice

Please refer our website www.zps.org/food-service in the event of a "snow day" or unplanned day off to review menu changes.

**BREAKFAST
PRICES**

Elementary Meal
\$1.90
Adult Meal
\$2.65
Milk Only

**Zeeland Elementary Schools
Breakfast Menu
March 2017
All Meals include Milk**

Breakfast and Lunch must include a 1/2 cup fruit or vegetable to be a complete meal

			Wednesday, Mar 1	Thursday, Mar 2	Friday, Mar 3
Week 1			A. Breakfast Sausage Pizza B. Cereal & Teddy Grahams Mixed Fruit	A. Mini Blueberry Waffles & Syrup B. Cereal & Poptart Diced Pears	A. Pancake on a stick B. Cereal & Nutrigrain Bar Applesauce
	Monday, Mar 6	Tuesday, Mar 7	Wednesday, Mar 8	Thursday, Mar 9	Friday, Mar 10
Week 2	A. Maple Waffle & Syrup B. Cereal & Animal Crackers Diced Pears	A. Pancakes & Syrup B. Cereal & Blueberry Muffin Diced Peaches	A. Breakfast Sausage Pizza B. Cereal & Graham Crackers Applesauce	A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Banana	A. Cinnamon Bagel-Ful Stick B. Cereal & Cheese Stick Mixed Fruit
	Monday, Mar 13	Tuesday, Mar 14	Wednesday, Mar 15	Thursday, Mar 16	Friday, Mar 17
Week 3	A. Mini Bagel & Strawberry Cream Cheese B. Cereal & Teddy Grahams Diced Peaches	A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar Mixed Fruit	A. Mini Cinnamon French Toast & Syrup B. Cereal & Banana Muffin Fresh Orange	A. Cherry Filled Frudel B. Cereal & Graham Crackers Diced Pears	A. French Toast Sticks & Syrup B. Cereal & Cheese Stick Applesauce
	Monday, Mar 20	Tuesday, Mar 21	Wednesday, Mar 22	Thursday, Mar 23	Friday, Mar 24
Week 1	A. Apple Frudel B. Cereal & Graham Crackers Diced Peaches	A. French Toast Sticks B. Cereal & String Cheese Fresh Orange	A. Breakfast Sausage Pizza B. Cereal & Teddy Grahams Mixed Fruit	A. Mini Blueberry Waffles & Syrup B. Cereal & Poptart Diced Pears	A. Pancake on a stick B. Cereal & Nutrigrain Bar Applesauce
	Monday, Mar 27	Tuesday, Mar 28	Wednesday, March 29	Thursday, Mar 30	
Week 2	A. Maple Waffle & Syrup B. Cereal & Animal Crackers Diced Pears	A. Pancakes & Syrup B. Cereal & Blueberry Muffin Diced Peaches	A. Breakfast Sausage Pizza B. Cereal & Graham Crackers Applesauce	A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Banana	

Free or Reduced Lunch Applications can be filled out any time at www.lunchapp.com

Download "My School Menus" for free from your app store or google play. You can also use the online version from your pc at www.zps.org/food-service

