

Early Childhood Center / GSRP Lunch Menu



2017

All Meals include Milk

				Wednesday, Mar 1	Thursday, Mar 2
Week 1				Meatballs & Brown Gravy w/Twisted Breadstick	Scrambled Eggs & Cinnamon Roll
				Whipped Potatoes & Mandarin Oranges	Carrot Sticks & Diced Pears
		Monday, Mar 6	Tuesday, Mar 7	Wednesday, Mar 8	Thursday, Mar 9
Week 2	No School Today	Chicken Rings w/Roll & Margarine		Blueberry Pancakes & Sausage Links	Sloppy Joe on Bun
		Mashed Potatoes & Applesauce		Carrot Sticks & Pineapple Tidbits	Baked Beans & Grapes
		Monday, Mar 13	Tuesday, Mar 14	Wednesday, Mar 15	Thursday, Mar 16
Week 3	Taco's Cherry Tomatoes & Diced Pears	Mac & Cheese w/Roll & Margarine		Waffle Stix & Cheese Omelet w/Syrup	Crispy Chicken Tenders & Chocolate Muffin
		Spinach & Romaine Salad w/Red Beans & Mandarin Oranges		Fresh Red Pepper & Pineapple	French Fries & Diced Peaches
		Monday, Mar 20	Tuesday, Mar 21	Wednesday, Mar 22	Thursday, Mar 23
Week 1	Cheese Pizza Celery Sticks w/Ranch & Raisins	Cheese Ravioli in Spaghetti Sauce w/Garlic Bread		Meatballs & Brown Gravy w/Twisted Breadstick	Turkey & Cheese on Croissant
		Corn & Diced Peaches		Whipped Potatoes & Mandarin Oranges	Bean Salad & Fresh Apple
		Monday, Mar 27	Tuesday, Mar 28	Wednesday, Mar 29	Thursday, Mar 30
Week 2	Bosco Stick & Cheese Stick Baked Beans & Peaches	Chicken Nuggets w/Roll & Margarine		Blueberry Pancakes & Sausage Links	Sloppy Joe on Bun
		Mashed Potatoes & Applesauce		Carrot Sticks & Pineapple Tidbits	Hashbrown Starz & Grapes

Menu subject to change without notice

Please refer our website

www.zps.org/food-service in the event of a "snow day" or unplanned day off to review menu changes.

Early Childhood Center / GSRP

Breakfast Menu

MARCH

2017

All Meals include Milk

			Wednesday, Mar 1	Thursday, Mar 2
Week 1			Cereal Juice Milk	Cereal Juice Milk
	Monday, Mar 6	Tuesday, Mar 7	Wednesday, Mar 8	Thursday, Mar 9
Week 2	Cereal Juice Milk	Teddy Grahams Diced Peaches Milk	Cereal Juice Milk	Cereal Juice Milk
	Monday, Mar 13	Tuesday, Mar 14	Wednesday, Mar 15	Thursday, Mar 16
Week 3	Cereal Juice Milk	Cinnamon Streusel Muffin Diced Pears Milk	Cereal Juice Milk	Cereal Juice Milk
	Monday, Mar 20	Tuesday, Mar 21	Wednesday, Mar 22	Thursday, Mar 23
Week 1	Cereal Juice Milk	Blueberry Nutrigrain Bar Applesauce Milk	Cereal Juice Milk	Cereal Juice Milk
	Monday, Mar 27	Tuesday, Mar 28	Wednesday, March 29	Thursday, Mar 30
Week 2	Cereal Juice Milk	Teddy Grahams Diced Peaches Milk	Cereal Juice Milk	Cereal Juice Milk



Breakfast and Lunch must include a 1/2 cup fruit or vegetable to be a complete meal

This institution is an equal opportunity provider.