

Zeeland Public Schools High School Menu March 2017

Check out our C-Store
Open daily from 7am-3pm

LUNCH PRICES

High School
\$2.90
Extra Entrée
\$2.00
Adult
\$3.70
Milk
\$.50

Extra of any product may be purchased at a la-carte pricing



We now offer interactive online menus. Download “My School Menus” for free from your app store or google play. You can also use the online version from your PC at www.zps.org/food-service

Available Daily
Ice Cold Chocolate,
Strawberry, or White Milk
Salad Bar
Romaine Lettuce, Celery, Carrots,
Cucumber, Tomatoes, Broccoli, Cauliflower,
Fresh Peppers & additional Fruit Choices

**Breakfast and Lunch
must include 1/2 cup
fruit or vegetable
to be a complete meal**

Menu subject to change
without notice
Please refer our website
www.zps.org/food-service
in the event of a “snow day”
or unplanned day off
to review menu changes.

	Grab & Go Sassy Subs	Pizza Plus Hot Vegetable Available Daily	HomeStyle Specials	Available Daily
Monday	Corn Dog Spicy Chicken Sandwich Turkey & Cheese Sub Potato Choice: Seasoned Curly Fries	Pepperoni Pizza Buffalo Chicken Pizza	Taco Bar Includes Beef, Fish, Shells, Tortilla Chips, Salad Shell, Cheese & Vegetables Sides: Coleslaw & Grapes	Build your own Burger Bar PBJ Sandwich Meal Specialty Salads
Tuesday	Pulled Pork Sandwich w/BBQ Sauce Breaded Chicken Patty on Bun Turkey or Pepperoni & Cheese Sub	Pizza Sticks w/Marinara Vegetable Round Pizza	Potato Bowl (includes Twisted Breadstick) Meatballs & Gravy or Turkey Gravy Sides: Red Peppers & Diced Pears	
Wednesday	Burrito & Taco Sauce Toasted Cheese Sandwich Chicken Teriyaki Sub Potato Choice: Hash Browns	4 Meat Pizza Cheese Pizza	Blueberry Pancakes & Sausage Links or Waffle Stix & Sausage Links Sides: Hash Browns & Warm Apple Slices	
Thursday	Mini Corn Dogs Breaded Chicken Leg & Cornbread Ham or Turkey & Cheese Sub	Bosco Stick & Cheese Stick French Bread Pizza	Pasta Bar Chicken Parmesan w/Noodles or Cheese Ravioli w/Spaghetti Sauce & Garlic Bread Sides: Cucumber Slices & Diced Peaches	
Friday	Ham & Cheese Calzone Meatball Sub Mozzarella Sticks & Marinara Potato Choice: Cheddar Munchers	Ham & Pineapple Pizza Stuffed Crust Pizza	Chicken Nuggets & Cinnamon Roll or Chili & Cinnamon Roll Side: Corn & Mandarin Oranges <i>March 17 Only: Mint Chocolate Ice Cream</i>	

High School Breakfast
March 2017
Served 7:15a.m. to 7:45a.m.

BREAKFAST
PRICES

High School
\$1.90

Adult
\$2.65

Milk Only
\$.50



			Wednesday, Mar 1	Thursday, Mar 2	Friday, Mar 3
Week 1			A. Breakfast Sausage Pizza B. Cereal & Teddy Grahams C. Mini Pancake Wraps Mixed Fruit	A. Mini Blueberry Waffles & Syrup B. Cereal & Poptart C. Breakfast Sausage Pizza Diced Pears	. Donut Friday B. Cereal & Nutrigrain Bar C. Sausage & Cheese on a Biscuit Applesauce
	Monday, Mar 6	Tuesday, Mar 7	Wednesday, Mar 8	Thursday, Mar 9	Friday, Mar 10
Week 2	A. Maple Waffle & Syrup B. Cereal & Animal Crackers C. Sausage & Cheese on English Muffin Diced Pears	A. Pancakes & Syrup B. Cereal & Blueberry Muffin C. Egg & Bacon on a Biscuit Diced Peaches	A. Breakfast Sausage Pizza B. Cereal & Graham Crackers C. Mini Pancake Wraps Applesauce	A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar C. Breakfast Sausage Pizza Banana	A. Donut Friday B. Cereal & Cheese Stick C. Sausage & Cheese on a Biscuit Mixed Fruit
	Monday, Mar 13	Tuesday, Mar 14	Wednesday, Mar 15	Thursday, Mar 16	Friday, Mar 17
Week 3	A. Bagel & Cream Cheese B. Cereal & Teddy Grahams C. Sausage & Cheese on English Muffin Diced Peaches	A. Mini Pancake Wraps B. Cereal & Graham Crackers C. Egg & Bacon on a Biscuit Mixed Fruit	A. Mini Cinnamon Waffles & Syrup B. Cereal & Banana Muffin C. Mini Pancake Wraps Fresh Orange	A. Cherry Filled Frudel B. Cereal & Graham Crackers C. Breakfast Sausage Pizza Diced Pears	A. Donut Friday B. Cereal & Cheese Stick C. Sausage & Cheese on a Biscuit Applesauce
	Monday, Mar 20	Tuesday, Mar 21	Wednesday, Mar 22	Thursday, Mar 23	Friday, Mar 24
Week 1	A. Apple Frudel B. Cereal & Graham Crackers C. Sausage & Cheese on English Muffin Diced Peaches	A. French Toast Sticks B. Cereal & String Cheese C. Egg & Bacon on a Biscuit Fresh Orange	A. Breakfast Sausage Pizza B. Cereal & Teddy Grahams C. Mini Pancake Wraps Mixed Fruit	A. Mini Blueberry Waffles & Syrup B. Cereal & Poptart C. Breakfast Sausage Pizza Diced Pears	. Donut Friday B. Cereal & Nutrigrain Bar C. Sausage & Cheese on a Biscuit Applesauce
	Monday, Mar 27	Tuesday, Mar 28	Wednesday, Mar 29	Thursday, Mar 30	Friday, Mar 31
Week 2	A. Maple Waffle & Syrup B. Cereal & Animal Crackers C. Sausage & Cheese on English Muffin Diced Pears	A. Pancakes & Syrup B. Cereal & Blueberry Muffin C. Egg & Bacon on a Biscuit Diced Peaches	A. Breakfast Sausage Pizza B. Cereal & Graham Crackers C. Mini Pancake Wraps Applesauce	A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar C. Breakfast Sausage Pizza Banana	Spring Break Begins

Free and Reduced Priced Lunch Applications available online at www.lunchapp.com or a printed copy can be picked up from your school office. If a student ID number is needed you can email us at www.foodservice.com

Online Deposits can be made at www.sendmoneytoschool.com or you can pay with cash or check at the register

This establishment is a equal opportunity provider