

LUNCH PRICES

Elementary Meal

\$2.40

Adult Meal

\$3.70

Milk Only

50¢

Zeeland Elementary Schools Lunch Menu February 2017 All Meals include Milk

Salad Bar Available Daily:

Romaine Lettuce

Tri Colored Peppers

Carrots

Tomatoes

Cucumber

Optional Fruit Choice

			Wednesday, Feb 1	Thursday, Feb 2	Friday, Feb 3
Week 3			A. French Toast & Sausage Links B. Corn Dog C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Fresh Red Peppers & Pineapple Tidbits	A. Crispy Chicken Tenders & Chocolate Chip Muffin B. Cheeseburger on Bun C. Yogurt, String Cheese, & Tortilla Chips French Fries & Diced Peaches	A. Pizza Sticks & Marinara B. Chicken Fajita (shells & meat) C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Salsa, Corn & Fresh Apple
	Monday, Feb 6	Tuesday, Feb 7	Wednesday, Feb 8	Thursday, Feb 9	Friday, Feb 10
Week 1	A. Breaded Chicken Patty on Bun B. Cheese Pizza C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Celery Sticks w/Ranch & Raisins	A. Chicken Nuggets B. Cheese Ravioli in Spaghetti Sauce C. Yogurt, String Cheese, & Granola Corn Cob & Diced Peaches	A. Pepperoni Pizza B. Meatballs & Brown Gravy w/Twisted Breadstick C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Whipped Potatoes & Mandarin Oranges	A. Nachos Supreme (Meat, Chips, Lettuce, & Tomato) B. Turkey & Cheese on Bun C. Yogurt, String Cheese, & Tortilla Chips Baked Beans & Fresh Apple	½ Day No Lunch
	Monday, Feb 13	Tuesday, Feb 14	Wednesday, Feb 15	Thursday, Feb 16	Friday, Feb 17
Week 2	A. Burrito & Taco Sauce B. Pepperoni Calzone C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Homemade Bean Salad & Peaches	A. Chicken Noodle Soup & (4) Mini Corn Dogs B. Round Cheese Pizza C. Yogurt, String Cheese, & Granola  Cucumber Slices & Applesauce	A. Blueberry Pancakes & Sausage Links B. Baked Mozzarella Cheese Sticks & Marinara C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Carrot Sticks & Pineapple Tidbits	A. Sloppy Joe on Bun B. Hot Dog on Bun C. Yogurt, String Cheese, & Tortilla Chips Hashbrown Starz & Grapes	A. Pepperoni Pizza B. Chicken Fries & Cheddar Pretzel Bosco C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Green Beans & Fresh Orange
	Monday, Feb 20	Tuesday, Feb 21	Wednesday, Feb 22	Thursday, Feb 23	Friday, Feb 24
Week 3	A. Taco's (meat,cheese,shells) B. Bosco Stick, Cheese Stick & Marinara Sauce C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Cherry Tomatoes & Diced Pears	A. Mac & Cheese B. Ham & Cheese on Flatout Wrap C. Yogurt, String Cheese, & Granola Spinach & Romaine Salad w/Red Beans & Mandarin Oranges	A. French Toast & Sausage Links B. Corn Dog C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Fresh Red Peppers & Pineapple Tidbits	A. Crispy Chicken Tenders & Chocolate Chip Muffin B. Cheeseburger on Bun C. Yogurt, String Cheese, & Tortilla Chips French Fries & Diced Peaches	A. Pizza Sticks & Marinara B. Chicken Fajita (shells & meat) C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Salsa, Corn & Fresh Apple
	Monday, Feb 27	Tuesday, Feb 28			
Week 1	A. Breaded Chicken Patty on Bun B. Cheese Pizza C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Celery Sticks w/Ranch & Raisins	A. Chicken Nuggets B. Cheese Ravioli in Spaghetti Sauce C. Yogurt, String Cheese, & Granola Corn Cob & Diced Peaches			

Menu subject to change without notice

Please refer our website

www.zps.org/food-service in the event of a "snow day" or unplanned day off to review menu changes.

**BREAKFAST
PRICES**

Elementary Meal
\$1.90
Adult Meal
\$2.65
Milk Only

**Zeeland Elementary Schools
Breakfast Menu
February 2017
All Meals include Milk**

Breakfast and Lunch must include a 1/2 cup fruit or vegetable to be a complete meal



			Wednesday, Feb 1	Thursday, Feb 2	Friday, Feb 3
Week 3			A. Mini Cinnamon Waffles & Syrup B. Cereal & Banana Muffin Fresh Orange	A. Cherry Filled Frudel B. Cereal & Graham Crackers Diced Pears	A. French Toast Sticks & Syrup B. Cereal & Cheese Stick Applesauce
	Monday, Feb 6	Tuesday, Feb 7	Wednesday, Feb 8	Thursday, Feb 9	Friday, Feb 10
Week 1	A. Apple Frudel B. Cereal & Graham Crackers Diced Peaches	A. French Toast Sticks B. Cereal & String Cheese Fresh Orange	A. Breakfast Sausage Pizza B. Cereal & Teddy Grahams Mixed Fruit	A. Mini Blueberry Waffles & Syrup B. Cereal & Poptart Diced Pears	A. Pancake on a stick B. Cereal & Nutrigrain Bar Applesauce
	Monday, Feb 13	Tuesday, Feb 14	Wednesday, Feb 15	Thursday, Feb 16	Friday, Feb 17
Week 2	A. Maple Waffle & Syrup B. Cereal & Animal Crackers Diced Pears	A. Pancakes & Syrup B. Cereal & Blueberry Muffin Diced Peaches	A. Breakfast Sausage Pizza B. Cereal & Graham Crackers Applesauce	A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Banana	A. Cinnamon Bagel-Ful Stick B. Cereal & Cheese Stick Mixed Fruit
	Monday, Feb 20	Tuesday, Feb 21	Wednesday, Feb 22	Thursday, Feb 23	Friday, Feb 24
Week 3	A. Mini Bagel & Strawberry Cream Cheese B. Cereal & Teddy Grahams Diced Peaches	A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar Mixed Fruit	A. Mini Cinnamon Waffles & Syrup B. Cereal & Banana Muffin Fresh Orange	A. Cherry Filled Frudel B. Cereal & Graham Crackers Diced Pears	A. French Toast Sticks & Syrup B. Cereal & Cheese Stick Applesauce
	Monday, Feb 27	Tuesday, Feb 28			
Week 1	A. Apple Frudel B. Cereal & Graham Crackers Diced Peaches	A. French Toast Sticks B. Cereal & String Cheese Fresh Orange			

Free or Reduced Lunch Applications can be filled out any time at www.lunchapp.com

Download "My School Menus" for free from your app store or google play for menus, nutrition, translation, allergen info & more. You can also use the online version from your pc at www.zps.org/food-service

This institution is an equal opportunity provider.