

# Zeeland Public Schools High School Menu February 2017

Check out our C-Store  
Open daily from 7am-3pm

## LUNCH PRICES

High School  
\$2.90

Extra Entrée  
\$2.00

Adult  
\$3.70

Milk  
\$ .50



We now offer interactive online menus. Download “My School Menus” for free from your app store or google play. You can also use the online version from your PC at [www.zps.org/food-service](http://www.zps.org/food-service)

Available Daily  
Ice Cold Chocolate,  
Strawberry, or White Milk  
Salad Bar  
Romaine Lettuce, Celery, Carrots,  
Cucumber, Tomatoes, Broccoli, Cauliflower,  
Fresh Peppers & additional Fruit Choices

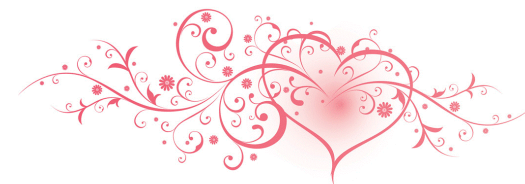
**Breakfast and Lunch  
must include 1/2 cup  
fruit or vegetable  
to be a complete meal**

Menu subject to change  
without notice  
Please refer our website  
[www.zps.org/food-service](http://www.zps.org/food-service)  
in the event of a “snow day”  
or unplanned day off  
to review menu changes.

Extra of any product may be purchased at a la-carte pricing

	<b>Grab &amp; Go Sassy Subs</b>	<b>Pizza Plus Hot Vegetable Available Daily</b>	<b>HomeStyle Specials</b>	<b>Available Daily</b>
<b>Monday</b>	Mini Corn Dogs Spicy Chicken Sandwich Turkey & Cheese Sub Potato Choice: Seasoned Curly Fries	Pizza Sticks & Marinara Deluxe Vegetable Round Pizza	Taco Bar Includes Beef, Chicken, Shells, Tortilla Chips, Salad Shell, Cheese & Vegetables Sides: Homemade Bean Salad & Grapes	Build your own Burger Bar PBJ Sandwich Meal Specialty Salads
<b>Tuesday</b>	Chicken Tenders with Chocolate Chip Muffin Ham or Turkey & Cheese Sub	Primo Cheese Pizza Ham & Pineapple Pizza	Meatloaf or Sliced Ham & Apple Stuffed Breadstick Sides: Whipped Potatoes & Corn on the Cob Also Feb 14th : Chicken Noodle Soup & Mini Corn Dogs	
<b>Wednesday</b>	Corn Dog Chicken Teriyaki Sub Potato Choice: Hash Browns	Stuffed Crust Cheese Pizza Pepperoni Pizza	Waffles Sticks & Sausage Links or Chili & Cinnamon Roll Sides: Hash Browns & Warm Apple Slices	
<b>Thursday</b>	Stromboli (Ham & Cheese) Breaded Chicken Patty on Bun Turkey or Pepperoni & Cheese Sub	Bosco Stick & Cheese Stick French Bread Pizza	Rice Bowl with Egg Roll Chicken or Pork, Black Beans, Cheese, Salsa, Guacamole & Sour Cream Side: Corn & Mandarin Oranges	
<b>Friday</b>	Pepperoni Calzone Meatball Sub Potato Choice: Cheddar Munchers	Big Daddies Pepperoni Pizza Buffalo Chicken Pizza	Pasta Bar Mac & Cheese <u>or</u> Fiesta Mac & Cheese, and Corn Bread Loaf Sides: Cucumber Slices & Diced Peaches	

**High School Breakfast**  
**February 2017**  
**Served 7:15a.m. to 7:45a.m.**



			Wednesday, Feb 1	Thursday, Feb 2	Friday, Feb 3
<b>Week 3</b>			A. Mini Cinnamon Waffles & Syrup B. Cereal & Banana Muffin C. Mini Pancake Wraps  Fresh Orange	A. Cherry Filled Frudel B. Cereal & Graham Crackers C. Breakfast Sausage Pizza  Diced Pears	A. Donut Friday B. Cereal & Cheese Stick C. Sausage & Cheese on a Biscuit  Applesauce
	<b>Monday, Feb 6</b>	<b>Tuesday, Feb 7</b>	<b>Wednesday, Feb 8</b>	<b>Thursday, Feb 9</b>	<b>Friday, Feb 10</b>
<b>Week 1</b>	A. Apple Frudel B. Cereal & Graham Crackers C. Sausage & Cheese on English Muffin  Diced Peaches	A. French Toast Sticks B. Cereal & String Cheese C. Egg & Bacon on a Biscuit  Fresh Orange	A. Breakfast Sausage Pizza B. Cereal & Teddy Grahams C. Mini Pancake Wraps  Mixed Fruit	A. Mini Blueberry Waffles & Syrup B. Cereal & Poptart C. Breakfast Sausage Pizza  Diced Pears	. Donut Friday B. Cereal & Nutrigrain Bar C. Sausage & Cheese on a Biscuit  Applesauce
	<b>Monday, Feb 13</b>	<b>Tuesday, Feb 14</b>	<b>Wednesday, Feb 15</b>	<b>Thursday, Feb 16</b>	<b>Friday, Feb 17</b>
<b>Week 2</b>	A. Maple Waffle & Syrup B. Cereal & Animal Crackers C. Sausage & Cheese on English Muffin  Diced Pears	A. Pancakes & Syrup B. Cereal & Blueberry Muffin C. Egg & Bacon on a Biscuit  Diced Peaches	A. Breakfast Sausage Pizza B. Cereal & Graham Crackers C. Mini Pancake Wraps  Applesauce	A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar C. Breakfast Sausage Pizza  Banana	A. Donut Friday B. Cereal & Cheese Stick C. Sausage & Cheese on a Biscuit  Mixed Fruit
	<b>Monday, Feb 20</b>	<b>Tuesday, Feb 21</b>	<b>Wednesday, Feb 22</b>	<b>Thursday, Feb 23</b>	<b>Friday, Feb 24</b>
<b>Week 3</b>	A. Bagel & Cream Cheese B. Cereal & Teddy Grahams C. Sausage & Cheese on English Muffin  Diced Peaches	A. Mini Pancake Wraps B. Cereal & Graham Crackers C. Egg & Bacon on a Biscuit  Mixed Fruit	A. Mini Cinnamon Waffles & Syrup B. Cereal & Banana Muffin C. Mini Pancake Wraps  Fresh Orange	A. Cherry Filled Frudel B. Cereal & Graham Crackers C. Breakfast Sausage Pizza  Diced Pears	A. Donut Friday B. Cereal & Cheese Stick C. Sausage & Cheese on a Biscuit  Applesauce
	<b>Monday, Feb 27</b>	<b>Tuesday, Feb 28</b>			
<b>Week 1</b>	A. Apple Frudel B. Cereal & Graham Crackers C. Sausage & Cheese on English Muffin  Diced Peaches	A. French Toast Sticks B. Cereal & String Cheese C. Egg & Bacon on a Biscuit  Fresh Orange			

**BREAKFAST PRICES**

High School  
\$1.90

Adult  
\$2.65

Milk Only  
\$ .50

Free and Reduced Priced Lunch Applications available online at [www.lunchapp.com](http://www.lunchapp.com) or a printed copy can be picked up from your school office. If a student ID number is needed you can email us at [www.foodservice.com](http://www.foodservice.com)

Online Deposits can be made at [www.sendmoneytoschool.com](http://www.sendmoneytoschool.com) or you can pay with cash or check at the register

This establishment is a equal opportunity provider