


Zeeland Public Schools

Elementary Lunch Menu

April 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Spring Break Week	LUNCH PRICES (Includes Milk) \$2.40 Adult Meal \$3.70 Milk Only 50¢				Salad Bar Available Daily: Romaine Lettuce Tri Colored Peppers Carrots Tomatoes Cucumber Optional Fruit Choice
	10	11	12	13	14
Week 3	A. Walking Tacos B. Bosco Stick, Cheese Stick & Marinara Sauce C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Sides: Carrot Sticks & Diced Pears	A. Mac & Cheese w/Mini Corn Dogs (3) B. Ham & Cheese on Flatout Wrap C. Yogurt, String Cheese, & Muffin Sides: Spinach & Romaine Salad w/Red Beans & Mandarin Oranges	A. Mini Waffles & Colby Cheese Omelet B. Chicken Leg & Cornbread Mini Loaf C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Sides: Fresh Red Peppers & Pineapple Tidbits	A. Crispy Chicken Tenders & Chocolate Muffin B. Cheeseburger on Bun C. Yogurt, String Cheese, & Tortilla Chips Sides: French Fries & Diced Peaches	A. Pizza Sticks & Marinara B. Chicken Fajita C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Sides: Salsa, Corn & Fresh Apple
	17	18	19	20	21
Week 1	A. Breaded Chicken Patty on Bun B. Cheese Pizza C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Sides: Celery Sticks w/Ranch, Raisins, & Rice Krispie Treat	A. Corn Dog B. Cheese Ravioli in Spaghetti Sauce C. Yogurt, String Cheese, & Muffin Sides: Corn Cob & Diced Peaches	A. Pepperoni Pizza B. Meatballs & Brown Gravy w/Twisted Breadstick C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Sides: Whipped Potatoes & Mandarin Oranges	A. Nachos Supreme (Meat, Chips, Lettuce, & Tomato) B. Turkey & Cheese on Bun C. Yogurt, String Cheese, & Tortilla Chips Sides: Homemade Bean Salad & Fresh Apple	A. Scrambled Eggs & Cinnamon Roll B. Pepperoni Bosco & Popcorn Chicken C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Sides: Carrot Sticks & Diced Pears
	24	25	26	27	28
Week 2	A. Burrito & Taco Sauce B. Ham & Cheese on a Croissant C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Sides: Baked Beans & Peaches	A. Turkey Gravy, Roll, & Margarine B. Chicken Nuggets C. Yogurt, String Cheese, & Muffin Sides: Whipped Potatoes & Applesauce	A. Blueberry Pancakes & Sausage Links B. Baked Mozzarella Cheese Sticks & Marinara C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Sides: Carrot Sticks & Pineapple Tidbits	A. Sloppy Joe on Bun B. Hot Dog on Bun C. Yogurt, String Cheese, & Tortilla Chips Sides: Hashbrown Starz & Grapes	A. Pepperoni Pizza B. Chicken Fries & Cheddar Pretzel Bosco C. Soybutter & Jelly Sandwich, String Cheese, & Goldfish Crackers Sides: Green Beans & Fresh Orange

Menu subject to change without notice:

Please refer our website www.zps.org/food-service in the event of a "snow day" or unplanned day off to review menu changes.

Elementary Breakfast Menu

April 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Spring Break Week	<u>BREAKFAST PRICES</u> Elementary Meal (Includes Milk) \$1.90 Adult Meal \$2.65 Milk Only 50¢				Breakfast and Lunch must include a 1/2 cup fruit or vegetable to be a complete meal
Week 3	10	11	12	13	14
	A. Mini Bagel & Strawberry Cream Cheese B. Cereal & Teddy Grahams Fruit Choice: Diced Peaches	A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar Fruit Choice: Mixed Fruit	A. Mini Cinnamon French Toast & Syrup B. Cereal & Banana Muffin Fruit Choice: Fresh Orange	A. Cherry Filled Frudel B. Cereal & Graham Crackers Fruit Choice: Diced Pears	A. French Toast Sticks & Syrup B. Cereal & Cheese Stick Fruit Choice: Applesauce
Week 1	17	18	19	20	21
	A. Apple Frudel B. Cereal & Graham Crackers Fruit choice: Diced Peaches	A. French Toast Sticks B. Cereal & String Cheese Fruit choice: Fresh Orange	A. Mini Cinnamon Pull-Apart Rolls B. Cereal & Teddy Grahams Fruit choice: Mixed Fruit	A. Mini Blueberry Waffles & Syrup B. Cereal & Poptart Fruit choice: Diced Pears	A. Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Applesauce
Week 2	24	25	26	27	28
	A. Maple Waffle & Syrup B. Cereal & Animal Crackers Fruit choice: Diced Pears	A. Pancakes & Syrup B. Cereal & Blueberry Muffin Fruit choice: Diced Peaches	A. Mini Cinnamon Pull-Apart Rolls B. Cereal & Graham Crackers Fruit choice: Applesauce	A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Banana	A. Cinnamon Bagel-Ful Stick B. Cereal & Cheese Stick Fruit choice: Mixed Fruit

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Free or Reduced Lunch Applications can be filled out any time at www.lunchapp.com

This institution is an equal opportunity provider.