


Zeeland Public Schools

Middle School Lunch Menu

April 2017


	Monday	Tuesday	Wednesday	Thursday	Friday
Spring Break Week	<p style="text-align: center;">LUNCH PRICES</p> <p style="text-align: center;">Middle School Meal (Includes Milk) \$2.65</p> <p style="text-align: center;">Adult Meal \$3.70</p> <p style="text-align: center;">Milk Only 50¢</p>				<p style="text-align: center;">Salad Bar Available Daily: Romaine Lettuce Tri Colored Peppers Broccoli Carrots Tomatoes Cucumber Optional Fruit Choice</p>
Week 3	10	11	12	13	14
	<p>A. Walking Tacos B. Bosco Stick, Cheese Stick & Marinara Sauce C. Pepperoni Pizza D. Spicy Chicken Patty/Bun</p> <p style="text-align: center;">Sides: Carrot Sticks & Diced Pears</p>	<p>A. Mac & Cheese w/Mini Corn Dogs (3) B. Ham & Cheese Wrap C. Burrito & Taco Sauce D. French Bread Pizza</p> <p style="text-align: center;">Sides: Spinach & Romaine Salad w/Red Beans & Mandarin Oranges</p>	<p>A. Mini Waffles & Colby Cheese Omelet B. Chicken Leg & Cornbread Mini Loaf C. Stuffed Crust Pizza D. Ham & Cheese on Pretzel Bun</p> <p style="text-align: center;">Sides: Fresh Red Peppers & Pineapple Tidbits</p>	<p>A. Crispy Chicken Tenders & Choc Muffin B. Cheeseburger on Bun C. (2) Pepperoni Mini Bosco's & Cheese Stick D. PBJ Uncrustable Sandwich</p> <p style="text-align: center;">Sides: French Fries & Diced Peaches</p>	<p>A. Pizza Sticks & Marinara B. Chicken Fajita C. French Toast & Sausage Links D. Hamburger on Bun</p> <p style="text-align: center;">Sides: Salsa, Corn & Fresh Apple</p>
Week 1	17	18	19	20	21
	<p>A. Breaded Chicken Patty on Bun B. Cheese Pizza C. Meatball Sub D. Mini Twin Cheeseburger</p> <p style="text-align: center;">Sides: Celery Sticks w/Ranch, Raisins, & Rice Krispie Treat</p>	<p>A. Corn Dog B. Cheese Ravioli in Spaghetti Sauce & Garlic Bread C. Buffalo Chicken Pizza D. Hamburger on Bun</p> <p style="text-align: center;">Sides: Corn Cob & Diced Peaches</p>	<p>A. Pepperoni Pizza B. Meatballs & Brown Gravy w/Twisted Breadstick C. Chicken Quesadilla & Marinara D. Ham & Cheese Calzone</p> <p style="text-align: center;">Sides: Whipped Potatoes & Mandarin Oranges</p>	<p>A. Nachos Supreme B. Turkey & Cheese on a Croissant C. Baked Mozzarella Cheese Sticks & Marinara D. Bosco Stick, Cheese Stick & Marinara Sauce</p> <p style="text-align: center;">Sides: Homemade Bean Salad & Fresh Apple</p>	<p>A. Scrambled Eggs & Cinnamon Roll B. Pepperoni Bosco & Popcorn Chicken C. French Bread Pizza D. Cheeseburger on Bun</p> <p style="text-align: center;">Sides: Carrot Sticks & Diced Pears</p>
Week 2	24	25	26	27	28
	<p>A. Burrito & Taco Sauce B. Ham & Cheese Croissant C. Mini Corn Dogs D. Spicy Chicken Patty on Bun</p> <p style="text-align: center;">Sides: Baked Beans & Peaches</p>	<p>A. Turkey Gravy & Twisted Breadstick B. Chicken Nuggets w/Roll & Margarine C. Pizza Sticks & Marinara D. Cheeseburger on Bun</p> <p style="text-align: center;">Sides: Whipped Potatoes & Applesauce</p>	<p>A. Blueberry Pancakes & Sausage Links B. Baked Mozzarella Cheese Sticks & Marinara C. Chicken Alfredo & Noodles w/Garlic Bread D. Pepperoni French Bread Pizza</p> <p style="text-align: center;">Sides: Carrot Sticks & Pineapple Tidbits</p>	<p>A. Sloppy Joe on Bun B. Hot Dog on Bun C. Lasagna Roll Up & Banana Muffin D. Cheeseburger on Bun</p> <p style="text-align: center;">Sides: Hashbrown Starz & Grapes</p>	<p>A. Pepperoni Pizza B. Chicken Fries & Cheddar Pretzel Bosco C. Breaded Chicken Patty on Bun D. Ham & Cheese Calzone</p> <p style="text-align: center;">Sides: Green Beans & Fresh Orange</p>

Menu subject to change without notice: Please refer our website www.zps.org/food-service in the event of a "snow day" unplanned day off to review menu changes.

Middle School Breakfast Menu

April 2017

Download "My School Menus" for free from your app store or google play. You can also use the online version from your pc at www.zps.org/food-service

	Monday	Tuesday	Wednesday	Thursday	Friday
Spring Break Week	<u>BREAKFAST PRICES</u> Middle School Meal (Includes Milk) \$1.90 Adult Meal \$2.65 Milk Only 50¢				Breakfast and Lunch must include a 1/2 cup fruit or vegetable to be a complete meal
	10	11	12	13	14
Week 3	A. Mini Bagel & Strawberry Cream Cheese B. Cereal & Teddy Grahams Fruit Choice: Diced Peaches	A. Mini Pancake Wraps B. Cereal & Nutrigrain Bar Fruit Choice: Mixed Fruit	A. Mini Cinnamon French Toast & Syrup B. Cereal & Banana Muffin Fruit Choice: Fresh Orange	A. Cherry Filled Frudel B. Cereal & Graham Crackers Fruit Choice: Diced Pears	A. French Toast Sticks & Syrup B. Cereal & Cheese Stick Fruit Choice: Applesauce
	17	18	19	20	21
Week 1	A. Apple Frudel B. Cereal & Graham Crackers Fruit choice: Diced Peaches	A. French Toast Sticks B. Cereal & String Cheese Fruit choice: Fresh Orange	A. Mini Cinnamon Pull-Apart Rolls B. Cereal & Teddy Grahams Fruit choice: Mixed Fruit	A. Mini Blueberry Waffles & Syrup B. Cereal & Poptart Fruit choice: Diced Pears	A. Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Applesauce
	24	25	26	27	28
Week 2	A. Maple Waffle & Syrup B. Cereal & Animal Crackers Fruit choice: Diced Pears	A. Pancakes & Syrup B. Cereal & Blueberry Muffin Fruit choice: Diced Peaches	A. Mini Cinnamon Pull-Apart Rolls B. Cereal & Graham Crackers Fruit choice: Applesauce	A. Blueberry Pancake on a stick B. Cereal & Nutrigrain Bar Fruit choice: Banana	A. Cinnamon Bagel-Ful Stick B. Cereal & Cheese Stick Fruit choice: Mixed Fruit

Free or Reduced Lunch Applications can be filled out any time at www.lunchapp.com

This institution is an equal opportunity provider.